

Frozen Purée Menu, 2024/25



Vegetable	Purée	Ingredients
Monday	Sweetcorn & Sweet Potato	Sweetcorn, sweet potato
Tuesday	Pea & Broccoli	Pea, broccoli (P)
Wednesday	Spinach & Broccoli	Spinach, broccoli
Thursday	Carrot & Cauliflower	Carrot, cauliflower
Friday	Sweet Potato & Carrot	Sweet potato, carrot
Meat & Veg	Purée	Ingredients
Monday	Beef Bolognaise	Beef, carrots, vegetable oil, tomatoes, passata (M)(T)
Tuesday	Chicken with Sweetcorn & Carrot	Chicken, vegetable oil, carrot, sweetcorn, vegan gravy (M)
Wednesday	Beef mince with Sweet Potato & Cauliflower	Beef, vegetable oil, carrot, sweet potato, cauliflower, vegan gravy (M)
Thursday	Chicken with Pea & Broccoli	Chicken, vegetable oil, carrot, peas, broccoli, vegan gravy (M)(P)
Friday	Tuna with Tomato Sauce & Sweetcorn	Tuna, tomato, carrot, sweetcorn, vegetable oil (F)(T)

Tuckbox and Tribe Listed Allergen/ Dietary Requirements: VA Vegan, V Vegetarian, T = Contains Tomato, SD = Contains Sulphites, S = Contains Soya, PU = Contains Beans/Pulses, G = Contains Gluten, F = Contains Fish, E = Contains Egg, D = Contains Dairy, C = Contains Celery, M = Contains Meat

All dishes are free from peanuts, tree nuts, sesame seeds, lupin, crustaceans and molluscs.