

Winter Tea Menu, 2024/25



Winter Teas	Main	Ingredients	Side Dish	Pudding
Monday	Veggie Slices	Puffed pastry, cheese, tomato puree, cherry tomatoes, mushrooms (T)(D)	Cucumber Fingers	Fruit Basket
Tuesday	Homemade Sausage Rolls	Sausage meat, puff pastry (M)(G)	Carrot Sticks	Fruit Basket
Wednesday	Pesto Pasta	Fusilli pasta, parmesan, basil, olive oil, garlic (D)(E)	Cherry Tomatoes (T)	Fruit Basket
Thursday	Cheese Ploughmans	Baguette, cheddar cheese, ham, crackers, apples, grapes, boiled egg (D)(G)(M)(E)	Homemade Chutney (T)	Fruit Basket
Friday	Fajita Friday's	Turkey breast, wholemeal wraps, grated cheese, cherry tomatoes, peppers, courgettes (T)(D)(M)	Cinnamon Sweet Potato Wedges	Homemade Chocolate & Ginger Cookies (E)(D)(G)
Dietary Teas	Main	Ingredients	Side Dish	Pudding
Monday	Vegan Slices	GF Puff pastry, vegan cheese, tomato puree, mushrooms (T)	Cucumber Fingers	Fruit Basket
Tuesday	Homemade Vegan Rolls	Plant sausage meat, GF puff pastry	Carrot Sticks	Fruit Basket
Wednesday	Pesto Pasta	GF fusilli pasta, vegan cheese, basil, olive oil, garlic	Cherry Tomatoes (T)	Fruit Basket
Thursday	Vegan Ploughmans	Ham free slices, vegan cheese, GF crackers, apples, grapes	Homemade Chutney (T) Optional boiled egg (E)	Fruit Basket
Friday	Fajita Friday's	Chicken free slices, GF wraps, vegan cheese, cherry tomatoes, peppers, courgettes (T)	Cinnamon Sweet Potato Wedges	Cherry & Raisin Oat Cookies (VA)

Tuckbox and Tribe Listed Allergen/ Dietary Requirements: VA Vegan, V Vegetarian, T = Contains Tomato, SD = Contains Sulphites, S = Contains Soya, PU = Contains Beans/Pulses, G = Contains Gluten, F = Contains Fish, E = Contains Egg, D = Contains Dairy, C = Contains Celery, M = Contains Meat

All dishes are free from peanuts, tree nuts, sesame seeds, lupin, crustaceans and molluscs.